



NUTRITIONAL INFORMATION*

	Calories	Carbs	Protein	Fiber	Fat	Vitamin C
Exotic						
Cherry	210	47	0	0	0	0
Cranberry	79	19	1.4	0	0	70%
Raspberry	210	51	0	0	0	167%
Kiwi	210	49	0	0	0	88%
Strawberry	201	42	0	0	0	88%
Four-Berry	157	37	0	0	0	71%
Watermelon	133	30	0	0	0	76%
Peach/Straw	179	41	0.7	1.5	0	66%

*Based on 16 oz. typical serving

Figures are based on publically available sources and are approximations only. May be subject to change.